

Youth Wilderness Camp: Suggested Gear List

Three Day Backpacking: (* items with asterisk available from camp – call ahead to reserve any equipment you may need due to limited supply.)

- *Backpack (full sized backpack – not a book bag)
- *Mess kit (pack bowl/plate and utensils)
- *Water bottles/canteen (**2 quart capacity/camper minimum**)
- *Tent
- Sleeping bag
- *Sleeping pad
- Rain gear
- Well worn hiking boots or trail running shoes with good support
- Flashlight
- Hygiene items (toothbrush & paste, soap, shampoo, hand towel, etc.)
- Flashlight
- Insect repellent (non-aerosol)
- Sunscreen with at least 15 SPF
- Pocket knife
- Matches
- Hat or sunglasses (optional)
- Clothing:
 - Quick drying shorts and shirts
 - Extra layer (fleece or wool sweater, nylon pants)
 - Camp shoes – **NO BARE FEET IN CAMP!**
 - 2 pair synthetic blend hiking socks (or wool worn w/ liner socks)

Two Day Canoeing: (Items listed above may also be use on this part of the journey)

- Hat with brim
- Swimsuit
- Nylon pants or shorts
- Old sneakers
- Dry Bag
- Change of clothes/extra layers

Camp provides the following items: Camp stoves, fuel, cooking pots & pans, food, first aid kit, water filters, trail maps, food, compass, canoes, paddles, lifejackets and garbage bags for lining packs.

This list is specifically for the hiking and canoeing treks. Additional shorts, shirts, footwear and personal hygiene items are recommended for when you are at base camp YoliJwa (Sunday evening, Wednesday evening, and Friday evening)

NOTE: No radios, CD/MP3 players, video games or cell phones on the trip.